

Solution

PRE-BOARD

Class 10 - English Language and Literature

Section A

1. Read the text carefully and answer the questions:

- We live in an era where it is difficult to miss fast and junk food and the rise in teenage obesity and related health issues due to it.
- During teenage, weight gain is normal but when it goes beyond control the person becomes obese. Our body requires energy to function, which is derived from the food we eat but when the intake of food becomes more than the amount that the body requires, the excess energy is stored as body fat.
- Contemporary lifestyle sees an increasing consumption of junk food and spending time watching television and playing computer games. Overeating along with lack of physical exercise are the major causes leading to teenage obesity. Large intake of high-calorie food and low-nutrient food leads to unnecessary weight gain. Besides these, obesity can also be genetically inherited where some people have the genetic tendency to burn calories more slowly compared to others. Stress is also a reason for obesity where people resort to overeating to alleviate their stress.
Teenage obesity is growing immensely and has been named an 'obesity epidemic':
- Several health issues arise out of it like diabetes, high blood pressure and cholesterol, sleep disorders, hormonal imbalance, and asthma. Along with these, obesity can also result in psychological problems like low self-esteem due to the constant jeering of peers. Obese teens are more prone to being teased and physically bullied compared to others of their age.
- Therefore, it is necessary to control excessive weight gain. Inactivity is the major cause of obesity and regular exercise is the best way to control it. Physical activity like jogging, swimming and playing outdoor games can help to keep one fit. A balanced diet with lots of vegetables, fruit, and whole grains is also essential. Junk food and soft drinks should be substituted with lots of vegetables, fruit, and whole grains in the diet. Drinking around 8-10 glasses of water also helps to reduce calorie intake.
- Parents have an important role in controlling teenage obesity as they should try to set examples by following a healthy diet and leading a healthy lifestyle. A combined effort of the parents and kids can help to control this eating disorder.
 - According to the author, it is difficult for the teenagers to miss junk food today due to the contemporary life of teenagers.
Explanation: In the passage, the author clearly says that, 'Contemporary lifestyle sees an increasing consumption of junk food, and spending time watching television and playing computer games.'
 - False
Explanation: It is given in the passage that 'inactivity' is the major cause of obesity.
 - Likely or exposed
 - To be teased by friend circle
 - (a) heredity
 - (b) The medicine reduced the headache soon.
Explanation: The term 'alleviate' means to decrease or (b) reduce. Options (a), (c) and (d) are wrong as per the meaning of the term. Hence, (b) is the correct answer.
 - Stress/anxiousness leads to overeating in teenagers.
 - 1, 3, 4 and 5
Explanation: According to the passage, all (1), (3), (4) and (5) are the result of obesity while (2) is nowhere mentioned in the passage. Hence, (d) is the right answer.

2. Read the text carefully and answer the questions:

A PURPOSE IN LIFE

A noble purpose gives meaning to one's own life and is of benefit to others. I realised this while researching on and writing about the life of Jamshed Ji Tata. What gave one man living in a colonised country the vision to advance it in the community of nations? He not only gave India the power of steel and hydroelectric energy, but also an institution of research.

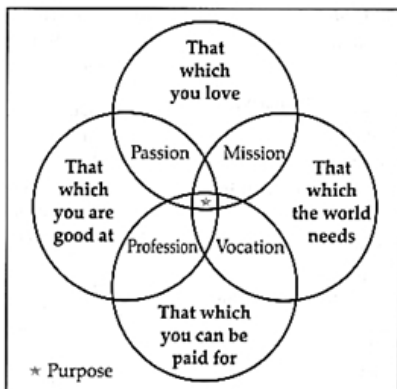
He sent an educationist to Europe and the United States to report on what should be the best model for India. The John Hopkins University in Baltimore was recommended as the model. But, Tata made it a point to see that his name was not associated with the university. After his death, his dream came true with the establishment of the Indian Institute of Science in Bengaluru. It was to be the fountainhead of science in the decades to come.

There are others too, whose purpose in life has made a difference to society. Mother Teresa had a comfortable life at Loretto

Convent, Kolkata. On a train journey to Darjeeling, she felt her 'calling' and wanted to give up her comfortable life in the convent and serve the poor and the needy.

After that, she took a three month nursing course and returned to Kolkata. She devoted her time to the sick and the homeless. Touched by her sacrifice, some of her students joined her and work began. Not everyone has such a strong calling. When I asked her how one could be sure of one's calling, she replied. "Deep down in our hearts we know exactly what our calling is, if we are sincere."

One's purpose is shaped over a period of time, but every noble purpose is based on a feeling for the suffering of others and our desire to alleviate that condition. Some years ago, in Kerala, a young man saw his father join Gandhi Ji and fight for opening temples to the Harijans. When he grew up, the boy decided to take up agricultural studies, because he had seen the havoc caused by the Bengal famine. He went to Europe and studied agriculture. On his return to India, he spearheaded the Green Revolution. Dr. M.S Swami Nathan, thus demonstrated how purpose intensifies with time.



- (i) a benevolent person always seeks a noble purpose that gives meaning to their own life and this noble purpose is to benefit others. Their purpose in life has made a difference in society. They are like those trees which produce fruits not for themselves but for others.
- (ii) It is a **fact** because it presents an **objective detail** of the contribution of Jamshed Ji Tata to the development of his country.
- (iii) The story of Dr. M.S Swami Nathan demonstrates how purpose intensifies with time. He had seen his father standing up for social causes. He took up agricultural studies because he had seen the havoc of the Bengal famine. He studied agriculture in Europe and spearheaded the Green Revolution after returning to India.
- (iv) The following things motivate or direct the purpose in life:
(Mention any THREE)
 1. That which you are good at - Profession.
 2. That which you love - Passion.
 3. That which the world needs - Mission.
 4. That which you can be paid for - Vocation.
- (v) According to the diagram, the "calling" could be referred to as the motivation that gave Mother Teresa a Mission in life to serve the poor and needy. Mother Teresa felt or realized this calling while travelling to Darjeeling and for which she was ready to give up her comfortable life in the convent.
- (vi) (ii) and (v)
Both signify motivation (Calling) for mission in life
- (vii) Every noble purpose is based on a feeling for the suffering of others and our desire to alleviate that condition. While for Mother Teresa, the noble purpose was to serve the poor and the needy, for Jamshed Ji Tata it was to advance his colonized country, India.
- (viii) To follow our passion and work selflessly for the betterment of humanity.

SECTION B –GRAMMAR

3. Complete ANY TEN of twelve of the following tasks, as directed

(i) would be

(ii) error	correction
struggle	struggling

(iii) she hasn't seen him since lunchtime.

(iv) (c) ordered

Explanation: ordered

(v) Neither

(vi) error	correction
transforming	transform

(vii) (C) breaks - broke

(viii) (b) didn't work

Explanation: didn't work

(ix) The policeman asked the driver why he had parked the car there and if he didn't see it was a 'no parking area'. The driver felt sorry and explained that the engine had broken down.

(x) (a) He prayed that his son might live long.

Explanation: He prayed that his son might live long.

(xi) B. stretches, has lost

The whole stanza describes the general situation, i.e., present state.

(xii) error	correction
family	families

SECTION B – CREATIVE WRITING SKILLS

4. 15, Raghupati Road,
New Delhi
20 September, 20XX

The Editor
The Hindustan Times
New Delhi-110006

Subject: Encouraging Reading Habits Among Students

Sir/Madam,

I write as a concerned parent who shares the collective worry about the diminishing reading habits among our students. It is disheartening to witness the impact of academic pressure, technology distractions, and the allure of social media on our children's reading interests.

To reignite the passion for books, we need innovative strategies. Schools can allocate more time for recreational reading, incorporate literature into various subjects, and organize book clubs. Parents can set an example by reading themselves and visiting libraries with their children. Furthermore, promoting e-books and audiobooks can cater to tech-savvy kids.

By collectively addressing these issues and fostering a love for reading, we can ensure our children embrace the world of books once more.

Yours sincerely
Sahil/Sushila

OR

B-25,
Mahavir Public School
Delhi
4 October 2023

The Director
National Science Centre
Delhi

Subject: Enquiry about the Astronomy Club

Sir,

I hope this letter finds you in good health. I recently came across an advertisement in *The Times of India* regarding the commencement of new batches for the Astronomy Club at the National Science Centre. I am deeply interested in joining this club and would appreciate some additional information.

Could you kindly provide details regarding the venue, duration of the sessions, fee structure, and the specific activities or

programs that the club offers. Additionally, any prerequisites for membership or other relevant information would be greatly appreciated.

I am eager to explore the fascinating world of astronomy and look forward to your prompt response.

Yours Sincerely,

Ankit/Ankita

5. The given double line graph illustrates about two major health hazards i.e., malnutrition and obesity faced by children aged between 5 and 10 in our country. The given data covers five years 2015 to 2019.

If we take a look at the given data we can see that obesity stands on a slight downward trend since the beginning but seems to gain pace towards the last year of the data and went higher than malnutrition. In 2015 obesity was reported in about hundred children. It went higher and reached 150 in 2016 and remained almost similar in 2017 as well. The number of reported cases in obesity again went on a higher side drastically and reached about 200 in 2018 and its highest peak was reached in 2019 when almost 300 reports were made of obesity.

Malnutrition on the other hand started on a higher note beginning at more than 150 cases in 2015 itself, it went on to touch more than 200 cases and this data remained stagnant for three consecutive years i.e., 2016, 2017 and 2018. 2019 witnessed a slight dip in the number of reported cases of malnutrition as it hit 200 and remained at it.

To conclude the given information, we can say that both the health hazards are at staggering figures and depict the sorry state of healthcare. Children at such tender age of 5-10 suffer from such health issues. However, the current downward trend in malnutrition can be seen as positive.

OR

Women in National Parliament

While more woman than men are being elected to parliament around the world, equality is still a long way off, and the current progress is far too slow. The bar graph clearly illustrates that even in the 21st century the status of women is not equal to that of men when it comes to occupying high positions in various occupations. The lowest number of women in National Parliament can be seen in Arab States where it is only 3.6%. The percentage is a bit better in Sub Saharan Africa where it is 11% though it is again very low. The number of women in National Parliament is not very encouraging in the World and Pacific where it is 13.8% and 13.5% respectively. While the percentage in America, Asia and Europe (excluding western countries) is 15.3, 15.3 and 14.1 respectively. It is only the western countries where the graph shows a picture of 38.1% women in the Parliament. Overall, the status of women does not come at par anywhere when it comes to occupying high positions in various occupations.

SECTION C - LITERATURE

6. Read the given extracts and answer the questions for ANY ONE of the two, given.

- (i)
 - i. She thought that they were poor and all the guests of the party belonged to the upper class. This was the cause of her inferiority complex.
 - ii. When his wife was enjoying the dance and gratifying her vanity through the admiration of the men-folk, he waited patiently.
 - iii. She wasted her youth and suffered for ten long years only because of her vanity. Her desire for short-lived pleasure had become a curse for her.
 - iv. (d) All of these
- (ii)
 - i. (a) all humanity would be proud of
 - ii. (d) hosting the nations of the world on their soil
 - iii. (a) gratitude
 - iv. False
[The common victory was not about South Africa not becoming an independent nation. It was likely about overcoming apartheid and achieving justice and peace.]
 - v. (c) conference

7. Read the given extracts and answer the questions for ANY ONE of the two, given.

- (i)
 - i. (d) Bengal Tiger
 - ii. It is clear that 'Alliteration' is the poetic device used for 'roaming round' because it repeats the 'r' sound at the beginning of consecutive words, creating a musical and rhythmic effect.
 - iii. True. [The extract provides a simple rule to help identify a Bengal Tiger based on its description.]
 - iv. (a) irony. [The poet creates irony by suggesting that noticing if the Bengal Tiger eats you is a way to discern it, which is a humorous and ironic way of presenting information.]
 - v. (b) discern.
- (ii)
 - i. restricted

- ii. (c) wait for his prey
- iii. he is confined in a cage/he is not free
- iv. The tiger's reality and the tiger's ideal situation is indicated here in the given extract.

8. Answer ANY FOUR of the following five questions, in about 40-50 words

- (i) Diversity makes India unique. India, is unique country in every possible way and its colourful. Festivals and dressing is one of them. Every culture, religion and custom has its own unique colour, which shows the diversity in one. In India, different people have different culture, speak different languages customs, caste, history, religions, which make India unique.
- (ii) Robert Frost was unhappy. He was sad deep down in his heart due to some personal reasons. He was holding the day in regret. But when the dust of snow fell on him, his mental state changed. He then looked at the surroundings and realised that his day could still pick up due to the beautiful nature around him.
- (iii)The postman got Lencho's letter. He burst with laughter. Then, he showed it to the postmaster. He also laughed but at once, he became serious too. He was very impressed to see Lencho's faith in God. So he decided to send money to Lencho. His thought was that Lencho's faith in God should never be shaken.
- (iv)Getting things off one's chest helps you to find ways of coping better with life's issues. At the same time it also helps you to overcome your problems in a safe and confidential environment.
- (v) Custard, Belinda's dragon, has the reputation of being a coward. She chuckled at his desire for a cage to make him feel protected. He was brutally tickled by her. When Custard ate the pirate and saved everyone, Belinda's attitude toward the dragon altered.

9. Answer ANY TWO of the following three questions, in about 40-50 words.

- (i) After he went back to Mrs. Pumphrey, Tricky was very happy. As a result, Mrs. Pumphrey must have taken good care of the dog and must not have overfed it. So that Tricky must would stay as healthy as at the end of the story.
- (ii) Ramlal's wife accepted the fact that Bholi would never get married or have any life, but the proposal of Bishamber gave them hope that maybe she was lucky this time. She was delighted that Bishamber belonged to another village and had no idea of Bholi's pock-marks and her lack of sense. She thought that if they did not accept this proposal, Bholi would remain unmarried all her life. But they happily accepted the proposal and were ready to take five thousand rupees as dowry.
- (iii)When Ausable switched on the light and closed the door after entering the room, they saw a man standing halfway across the room with an automatic pistol. They both were shocked. However, it was the first authentic thrill of the day for Fowler. The man with the pistol was aiming at them and he looked like a fox.

10. Answer ANY ONE of the following two questions, in about 100-120 words

- (i) **The old Dakota**
 ...I waved the pilot of the old Dakota and gestured him to follow me. Like an obedient child, he started do so. He followed me until he could see the runaway. I was tensed whether he would land safely or not. Because he had already made me understand that he was running short of fuel. I saw him landing safely on the runway. I was relaxed. I felt there was no need to wait. The good deed of the day was done. Once again, I had rescued a plane stuck in storm. So, I decided to fly away from there in search of someone else who may be in need of my help.
 I, as the Marshal of the Air Force, had been using my skills of flying Air planes in the harshest weather since past ten years. Surprising the rescue ones by my mysterious entry and exists.
- (ii) **Mijbil:-** Ah' little boy why are you crying.
Boy:- I lost my ball and it was very very deal to me.
Mijbil: oh! let's move around, play or let's quickly late a splash in the bath-tub. you will feel good and your mod Would be instantly brightened.
Boy:- (cries aloud): No, I want my bale bade.
Mijbil:- I can't comprehend why humans get attached to the materialistic things so much. You ought to learn me mortal nature of things and. stay calm.
 But me little boy weeps unconsolably, for he is too young to undestand the Complexities of human nature.

11. Answer ANY ONE of the following two questions, in about 100-120 words.

- (i) The book The Travels of Monarch X became a turning point in Richard Ebright's life. His mother gave him this book. This book inspired him to know how Monarch butterflies migrate to Central America. This book opened the world of science to Ebright. At the end of the book, readers were invited to help study butterfly migrations. They were asked to tag butterflies for research by Dr. Frederick A Urquhart of the University of Toronto, Canada. Ebright attached light adhesive tags to the wings of monarchs as per the instructions are given in the book. Anyone who found a tagged

butterfly was asked to send the tag to Dr Urquhart. Ebright's mother helped him in informing Dr. Urquhart. From the time the book, *The Travels of Monarch X*, opened the world of science to him, Richard Ebright has never lost his scientific curiosity.

- (ii) Hari Singh stole six hundred rupees while Anil was sleeping. He went to the railway station after stealing the money but did not board the train. His conscience pricked him for robbing a man like Anil, who had trusted him and helped him. He knew that Anil would feel bad when he would come to know about his stolen money. He realised that the money wouldn't matter much, but the loss of trust and faith which he had reposed in him would matter as he had betrayed it. He felt lonely and sad at the thought of leaving Anil. He roamed around aimlessly and remembered the good times he had spent with Anil. He remembered how Anil taught him to read and write. He realised that stealing was completely different from getting an education. He realised that being an educated man would add to his abilities. So, he immediately decided to go back to Anil because of his respect for Anil and his own desire to get an education and follow the path of honesty.

RAO BALRAM
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